

How to Use the

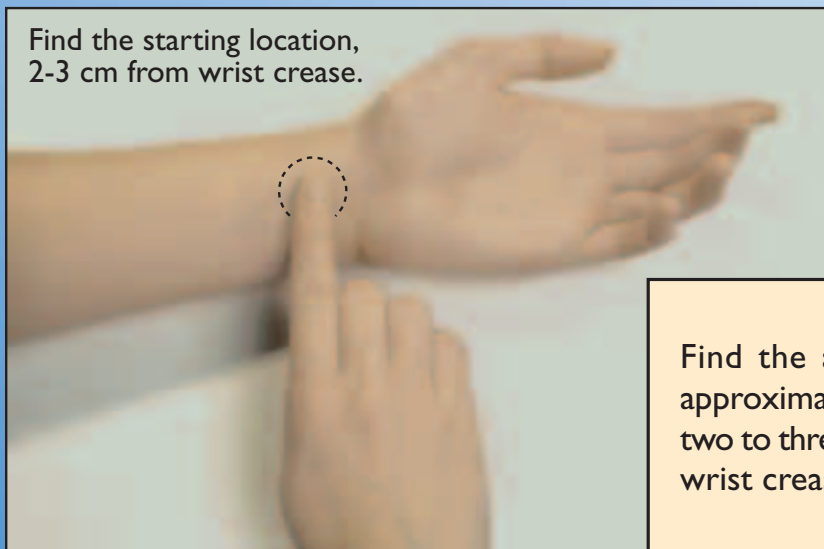
RELIEFBAND[®]

D E V I C E

For the treatment of nausea and vomiting due to chemotherapy, motion sickness, pregnancy, and as an adjunct to anti-emetics in reducing post-operative nausea.

1. AREA - Find the Area

Find the starting location, 2-3 cm from wrist crease.

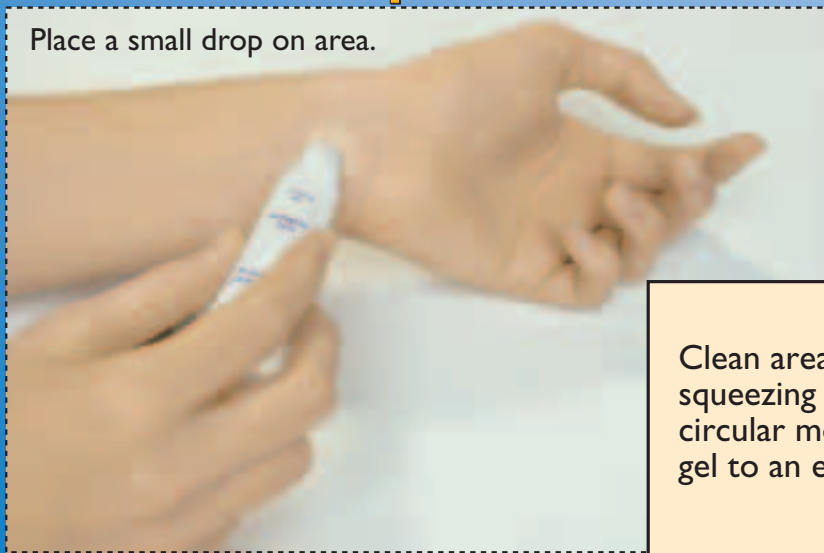


Find the area on the wrist, approximately where shown - two to three fingers width from wrist crease.

Electronic,
Drug-Free Treatment
For Nausea & Vomiting

2. APPLY - Spread Gel

Place a small drop on area.



Clean area first. Apply gel by squeezing tube. Move tip in circular motion to distribute gel to an even sheen.

3. ACTIVATE - Push Button

Set to highest comfortable setting.



Press Rx on center of face of device to turn on, fasten device snugly, (not tightly*), press again to adjust levels. Set to highest comfortable setting. Press for 3 seconds to turn off.



Model shown is Rx Device.

*Be sure and move the ReliefBand[®] Device around the underside of the wrist area between the two tendons until stimulation is felt.

Patient will feel gentle pulsing sensations on the palm and/or middle fingers when the ReliefBand[®] Device is in the proper wrist location. Increase or decrease power setting until stimulation is consistently felt.

 **Abbott Laboratories**
Hospital Products Division
Abbott Park, IL 60064

www.reliefband.com

For complete instructions, refer to the Instructions for Use included with the

RELIEFBAND[®]
D E V I C E

WARNINGS: The ReliefBand[®] Device should only be used on the designated area. • Do Not Use the ReliefBand[®] Device when the cause of nausea and vomiting symptoms are undiagnosed. • Nausea and vomiting are serious medical conditions; seek medical attention if symptoms continue. • The ReliefBand[®] Device is not a curative and should always be used under medical supervision. Treatment outcome may vary depending on patient characteristics and use of medications. • The ReliefBand[®] Device should be kept out of reach of children. • Pacemaker Users - Use the device only as directed on the wrist to prevent possible interference with your pacemaker. Avoid placing the electrodes directly on your chest or near the pacemaker.

CAUTION: The ReliefBand[®] Device contains metal electrodes. Consult hospital policies regarding metal contact with the patient's skin during electrocautery surgical procedures.

SIDE EFFECTS: If local skin irritation occurs beneath or around the electrode sites, discontinue use. If irritation does not disappear within 24 hours, consult your doctor or pharmacist. • Isolated cases of skin irritation may occur at the site of electrode placement following long term application. Persistent use of the device in the presence of skin irritation may be injurious.

A version of the RELIEFBAND[®] Device is available without a prescription for the relief of nausea and vomiting due to motion sickness.

ReliefBand is a registered trademark of Abbott Laboratories.

4-133-10-Jul.,03